

Ephesians 6

"1 Children, obey your parents in the Lord, for this is right. 2 Honor your father and mother (which is the first commandment with a promise), 3 that it may be well with you, and that you may live long on the earth. 4 And, fathers, do not provoke your children to anger; but bring them up in the discipline and instruction of the Lord."

- #1 A healthy marriage is the best context for effective parenting.
- #2 A father's presence and headship is an important factor in child development.

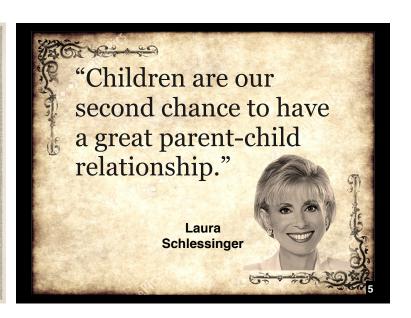
First rule in child development:

Don't abuse children.

- Parents are the first and most powerful mentors for emerging human beings.
- Physical and emotional neglect is the most common form of child abuse.
- Healthy bonding with parents is a key to nurturing children to maturity.
 - Caring without overly controlling
 - Empathizing without excusing
 - Protecting without being a surrogate
 - Affirming without inflating
 - Consistency without rigidity

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| | Attachment | Autonomy | Achievement | Altruism |
|---|---|---|---|--|
| Proper bonding with parents | Friendship Cooperation Intimacy Respect Trust Love | Self-control Confident Assertive Responsible Independence | Successful Problem solver Creative Resilient Persistent Motivated | Caring Compassionate Empathetic |
| Chasing after (fear of abandonment) | Seeking attention Craving affection Clinging | Rebellious Reckless Manipulative Bullies Passive Aggressive | Over achiever Workaholic Delinquent skills Cheating Overly competitive Risk seeking | Selfish Over indulgent Co-dependent Self-abasing |
| Withdrawal from (fear of attachment) | Alienation Antisocial Rejected Lonely Suspicious | Fals confidence Being bullied Easily misled Little self-control Irresponsible | Under achiever Failure oriented Unmotivated Lazy Avoid risks Fears change | Narcissistic Hedonistic Anti–social Psychopathic Exploitative 4 |



First rule in child development:

Don't abuse children

Ephesians 6:4

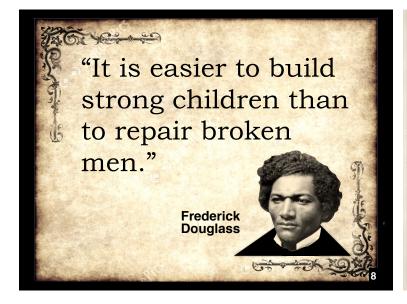
"And, fathers, do not **provoke** your children **to anger**; but bring them up in the **discipline** and **instruction** of the Lord."

- · Paul's first concern is to avoid abuse.
- "provoke to anger" "keep needling", "to taunt".
- "discipline" "correct transgressions".
- "instruction" "words of encouragement" and / or "admonition". Life coach along the way.

Child abuse then and now

- "Patria potestas" the father's absolute power (in ancient Rome) to keep or throw away his children.
- "Judeo Christian" principles have had a large role in shaping our modern conscience regarding children.
- **Delinquent parents** (insensitive, verbal rejection, neglect, physical abuse, etc.) **tend to form delinquent kids.**
- 30% of abused / neglected children grow up to be abusers (as compared to 5% from healthy homes).
- · The USA had no "child abuse" laws until the 1960s.
 - Nearly 1 million children are abused in the U.S. annually.
 - · CPS protects more than 3 million children annually.
 - · Neglect is the most common form of maltreatment.

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Second rule in child development:

Don't let the child control the process.

Proverbs 22:6

"Train up a child in the way he should go, even when he is old he will not depart from it."

- "train" "to prop up", "to build boundaries"
- "the way he should go" "according to his way"

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Second rule in child development:

Don't let the child control the process.



Mistake #1 Children are
monsters
'Strict discipline
is best."



Mistake #2 -

Children are innocent immal control is best."

Second rule in child development:

Don't let the child control the process.

Children are a part of a "fallen world" with selfish impulses that need to be managed in the context of the Gospel.



Second rule in child development:

Don't let the child control the process

- · Sin (selfishness) is not a learned behavior.
- Sin can be managed but not removed.
- Sin leads to respect of the Gospel message.
- Parents are to help a child develop a conscience, wisdom, and Godly character.



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Second rule in child development:

Don't let the child control the process

> "Always try to avoid conflict with your children but if there is conflict never let them win."

> > Dr. Phil McGraw

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Second rule in child development:

Don't let the child control the process

Proverbs 13:24

"He who withholds his rod hates his son, but he who loves him disciplines him diligently."

- "withholds his rod" "refuses to discipline or protect and thus comfort" (Ps.23:4)
- "disciplines diligently" "persistently seeks out to correct."
- Be consistent and persistent.

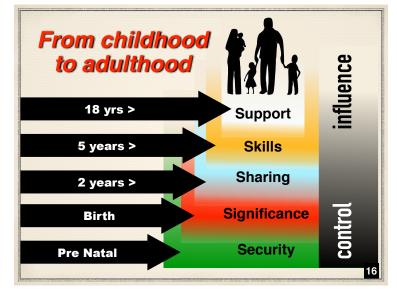
Third rule in child development:

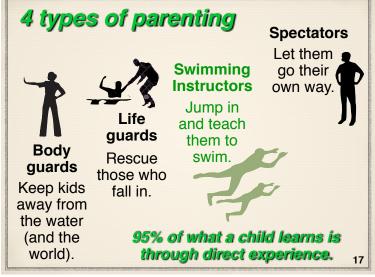
Be sensitive to each child's spirit. needs, and development.

Colossians 3:21

"Fathers, do not **exasperate** your children, that they may not lose heart."

- In Colossians Paul does not mention the need for instruction but only forbids abuse.
- · "exasperate" "provoke", "stir up".
- "lose heart" "discourage", "to crush the spirit".









Fourth rule in child development: Teach Respect for authority

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- 1. The point Obedience.
- 2. The principle Authority.
 (Divine and human)
- 3. The promise Blessing.

